



Name: _____

DOB: _____

POSTOPERATIVE INSTRUCTIONS – MINOR PROCEDURE

- Please avoid vigorous activity for 1 week.
- You may get your incision wet after 2 days. Do not submerge your incision underwater for 4 weeks.
- If you have permanent sutures, they should be removed in 5-7 days.
- Please call us if you have any worsening redness, drainage, ongoing bleeding, or fevers.
- You may take Tylenol/Acetaminophen 1000mg every 8 hours for pain.
- Your scar will take 12-18 months to fully mature. During this time, it may become thick or dark. Please avoid sun exposure and always use sunscreen.

If you have any concerns or any signs of bleeding, infection, or wound problems, please call our office at 617-340-2822.

Patient Signature

Date