



Name: \_\_\_\_\_

DOB: \_\_\_\_\_

## **POSTOPERATIVE INSTRUCTIONS – GYNECOMASTIA**

**Please refer to “GENERAL POSTOPERATIVE INSTRUCTIONS” for additional instructions.**

- You will be sent home with a compressive vest. You may choose to replace this with a tight fitting, compression T-shirt of your choice. Make sure this is tight on your chest without causing pain or cutting off circulation.
- In certain situations, we may have to use plastic drains. These are typically removed after 1-2 weeks.
- Bruising and swelling should be significantly improved after 2 weeks.
- Final result will take 6 months to show.
- Please call us if you notice a significant amount of fluid building up underneath your skin.

If you have any concerns or any signs of bleeding, infection, or wound problems, please call our office at 617-340-2822.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date